



# Miling Primary School

*'Together we learn and achieve'*

AN INDEPENDENT PUBLIC SCHOOL

26 August, 2020

## Message From The Principal

**Freedom is never given; it is won.**

A. Philip Randolph

This newsletter is a combination of School & Community news and as a result some content may not reflect Miling Primary School's attitudes or values.



### MORAL PURPOSE:

to provide the opportunity for our students to become well informed, actively involved, positive citizens through: developing life long learners and maximizing the potential of every student.



### Dear Parents, Carers and Community

#### Week 4 Term 6

Our annual Faction Carnival at Kalannie is fast approaching, this Friday 28<sup>th</sup> August, beginning at 9.15am. I look forward to seeing our terrific students trying their best, having a go, supporting one another and demonstrating good sportsmanship as is the norm with the Miling students.

I have recently attending professional development that has been a key factor to whole school planning and collaboration with staff to plan, reflect, review and implement the best programs for our students.

The staff attended a First Aid course on Friday 21<sup>st</sup> August to upskill as many people as possible to ensure our students are well looked after in the event of an accident or incident. This was a very positive experience which built and reaffirmed many skills and knowledge that the staff had already attained.

Our first assembly for this term was held on the basketball courts last Thursday. It was lovely to be able to see many community members and for the students to be able to show the tremendous range of learning they have been completing recently. COVID 19 guidelines were a basis for our assembly being held outside and also the sudden closure of the Miling Hall for repairs.

We have PJ Day happening on 3<sup>rd</sup> September, so this should be an interesting

way to come to school and work for the day. Thank you to Clare Douglas and the Student Council for organising this fundraiser.

CONGRATULATIONS to our super spelling team at the Moora Districts Spelling Competition on Tuesday. We had seven students who participated Ethan, Summer, Jett, Ashley, Eliza, Tyler and Skye. See the article in Classroom Focus for results and photos

Father's Day is fast approaching and I hope everyone enjoys their day together. Unfortunately, because of the COVID 19 restrictions we will not be holding an event at school. It is hoped that we have a combined community event later in the year when the guidelines are relaxed.

A big thank you to Corey Mincherton and Janette Pratt who have been in to support a variety of sports practise and skills development over these past few weeks. Our sincere thanks to Joss and Paul Seymour for transporting our high jump equipment, shelters and sports equipment for our carnival on Friday.

*Regards*

*Ms Murray,*

*Principal*

PRIDE - EFFORT - PROGRESS

*Respect*

*Cooperation*

*Kindness*

*Perseverance*

## Ms Murray's Quotes Of The Week ...

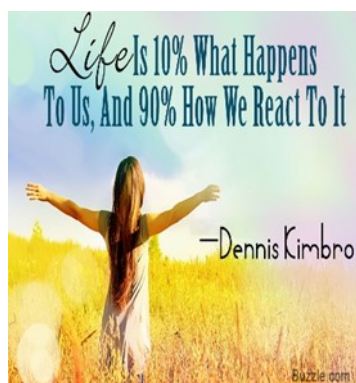
**Life is short.**



Be silly. Have fun. Love the people who treat you right, forget the ones who don't. Regret nothing. Believe everything happens for a purpose... and seek that purpose!

Karen Saltmarsh

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**LIFE IS FUN  
JUST KEEP  
SMILING**



**HAPPINESS IS**



...having a good laugh  
about silly things.



*we cannot  
control the  
wind, but we  
can direct  
the sail*

The trick is to  
**enjoy life.**

Don't wish away your  
days, waiting for  
better ones ahead.

~Marjorie Pay Hinckley~

www.SpirituallyThinking.blogspot.com

*Enjoy every single  
moment.*  
The good, the bad,  
*the beautiful,*  
the ugly, the inspiring,  
*the not-so-glamorous*  
*moments.*  
**AND  
THANK GOD**  
through it *all.*

- Meghan Matt



Department of  
Education

**COVID-19  
UPDATE 43**

20 August 2020

## LATEST NEWS

### Phase 4 of the WA COVID-19 roadmap continues

Based on the latest health advice, [Phase 4 of the WA COVID-19 roadmap](#) has been extended until Friday, 23 October. The new tentative start date for Phase 5 will now be Saturday, 24 October. A final decision on whether Phase 5 can proceed on this date, or if it can be brought forward, will be made in October. Schools are to continue to follow the [Phase 4 Operating Guidelines and FAQs](#) until further notice.



# Assembly Merit Certificate Recipients

August  
2020



Back, L-R - Tyler, Rory,  
Ethan, Eliza, Mikala and Jett  
Front, L-R - Zoe and Jahkaia

**Jahkaia King-Kahukura** - Jahkaia has settled in well at Miling Primary School and begins each day with a smile on his face. He has transitioned so seamlessly into the Junior Room and his interest and enthusiasm for learning are to be admired. Keep up the great work, Jahkaia!

**Zoe Bailey** - Your fabulous effort to think outside the square when designing, drafting and producing your Marionette Robot Puppet. Your thinking and creativity were very high level achievements for this project. Great job Zoe!

**Rory Seymour** - Rory has put a lot of effort into his Mathematics this term and has displayed sound understanding in all topics covered. He has been working hard to master the concepts of multiplication and division and always seeks clarification if it is required. Keep up the great work, Rory!

**Tyler Douglas** - Your outstanding attention to detail when completing all of your Technology learning activities. The descriptions and information provided identified in designing, drafting and producing your house project were of a high standard. Your reflection was inclusive and appreciative of your partners efforts. Great effort, Tyler.

**Eliza Seymour** - Eliza has been working really hard in English this term, particularly in Reading. She has displayed great comprehension during our Literature Circle sessions and is beginning to expand on the genres she chooses to read. Keep up the great work, Eliza!

**Ethan Georgy - Aussie of the Month ...** Ethan is a polite and friendly member of the Senior Room. He displays a mature nature and a positive attitude to his schooling and demonstrates the Miling Primary School values of respect and cooperation to his fellow peers and staff members. Ethan is developing great leadership skills and is becoming a responsible role model for others to follow. Keep up the great work, Ethan!

**Congratulations also to our  
Values Acknowledgement  
recipients**



L-R Jett, Mikala  
and Rory

# Classroom Learning Focus

## Senior Room

Yesterday some of the Senior Room students went across to Moora to represent the school in the Moora Districts Inter-school Spelling Bee Competition. Well done to all of those students who competed. A special mention to Summer, Eliza and Skye who all came second in their individual year groups and to Ethan and Ashley on coming in third.



## Junior Room



The Junior room have been loving our 'Tinkering Table'. Taking apart and exploring the inside of technology and predicting how it worked.



## Ms Murray



### Junior Room Visual Literacy

Students in the Junior Room drafted, edited and produced a published copy of their favourite thing.

To demonstrate their stories, they were required to think carefully about the writing before the picture could be painted. The focus was on how the picture reflected the written words.





# Pyjama Day



Thursday September 3<sup>rd</sup> is National Pyjama Day.

Currently in Australia there are more than 48,000 children in foster care. More than 75% of them won't finish high school and 92% sit below the average reading level. With the money raised from National Pyjama Day you'll be helping us offer learning skills to more than over 1000 children. National Pyjama Day is all about wearing your favourite pair of PJ's to help the Pyjama Foundation raise much-needed awareness and funds for children in foster care.

Please bring along a gold coin donation.

By Chloe Latham and Riley White



***Miling Primary School***

***Thursday 3rd September***

***Gold Coin Donation***

***Come wearing your favourite Pyjamas!***

# Health and Well Being



By James Anderson  
Certified Growth Mindset Trainer

	FIXED	LOW GROWTH	MIXED	GROWTH	HIGH GROWTH
WORLD VIEW	Sees themselves as <b>UNCHANGING AND UNCHANGEABLE</b> . Life is about discovering yourself and searching for where you fit into the world.	Change and <b>GROWTH IS VERY LIMITED</b> . See themselves as "not cut out for" some domains. Amount of growth possible in other domains is limited.	Limited Growth Mindset – believes they are capable of <b>GROWTH IN A LIMITED NUMBER OF DOMAINS</b> . Life offers only limited choices.	Sees themselves as <b>CAPABLE OF SIGNIFICANT GROWTH</b> in most domains. Sees great choice in life. May see themselves as restricted from significant growth in some domains.	Understands they can <b>CHANGE THEIR MOST BASIC CHARACTERISTICS</b> . Life is about deciding what you want to be and creating the abilities required to reach goals.
CHALLENGES	<b>AVOIDS CHALLENGES</b> . Sees them as a potential threat.	Takes on <b>EASY CHALLENGES</b> that they believe they are likely to succeed at.	<b>PREFERS CLEAR, IMMEDIATE GOALS</b> that aren't too far out of reach, or in an area they find difficult.	<b>ENJOYS BEING CHALLENGED</b> by more open-ended tasks, even if not always immediately successful.	<b>EMBRACES CHALLENGES</b> even when path to achievement is not immediately clear.
ENCOUNTERING DIFFICULTY & OBSTACLES	<b>GIVES UP IMMEDIATELY</b> when they encounter difficulty.	<b>TRIES FOR A WHILE</b> , but gives up if not progressing easily. May try a few alternatives when encountering obstacles.	<b>PERSISTS WHEN SEEING PROGRESS</b> . Is developing a repertoire of strategies for getting past obstacles.	<b>EXPECTS EVENTUAL MASTERY</b> . Understands new learning is meant to be difficult so sticks at tasks for long periods.	<b>PERSISTS FOR LONG PERIODS</b> even in the face of setbacks and when new skills need to be learnt to achieve mastery.
EFFORT	<b>EFFORT IS ASSOCIATED WITH FAILURE</b> and inability, so is seen as bad. Expects things you can do to come easily.	Recognizes that effort is sometimes required. <b>SUSTAINED EFFORT IS A BAD THING</b> . Misunderstands that not all types of effort produce growth.	<b>EFFORT IS NECESSARY</b> , but usually not enjoyable. Likely to prefer to do it easily. Recognizes when effort is being ineffective.	<b>EFFORT IS A GOOD THING</b> . Has experienced success as a result of effort in the past. Associates Effective Effort with growth.	Understands <b>EFFORT AS PATH TO MASTERY</b> . Actively works on developing strategies for more Effective Effort.
FEEDBACK & CRITICISM	<b>IGNORES</b> useful negative feedback. Sees feedback as a list of their faults.	Accepts some direct feedback when corrections can be made quickly and easily. <b>TENDS TO FOCUS ON POSITIVE FEEDBACK</b> .	<b>FORMATIVE FEEDBACK IS SEEN AS USEFUL</b> , as long as it is targeted and achievable.	Accepts and <b>LEARNS FROM FEEDBACK</b> . Positive feedback is seen as recognition of the effort and process that led to the achievement.	<b>REQUESTS CRITICAL FEEDBACK</b> from targeted expert sources in order to improve both process and outcome.
SUCCESS OF OTHERS	<b>FEELS THREATENED</b> by comparisons to others and avoids competitions, as these may highlight perceived deficits.	<b>MAY MIS-ATTRIBUTE SUCCESS</b> of others to luck or natural ability rather than growth achieved through effort.	<b>ENJOYS PERSONAL SUCCESS</b> , so will engage in competition and comparison when these make them look good.	<b>FINDS LESSONS AND INSPIRATION</b> in the success of others. Admires excellence. Enjoys the challenge posed by competition.	<b>SEEKS OUT MASTERS AND EXPERTS</b> in an effort to "learn their secrets". Competition is seen as a way for both competitors to push themselves to improve.
MAKING MISTAKES	Actively <b>HIDES OR IGNORES</b> mistakes.	<b>MAKES EXCUSES</b> for mistakes. Looks for quick fixes. May attribute blame to others.	Expects to make mistakes and understands <b>MISTAKES CAN BE CORRECTED</b> .	Recognizes mistakes made are <b>SIGNPOSTS FOR LEARNING</b> opportunities.	Deliberately stretches themselves so errors have <b>HIGH LEARNING POTENTIAL</b> to facilitate further growth.
OFFERED HELP AND SUPPORT	<b>URNS DOWN</b> help and support. Feels requiring help highlights their own deficits.	<b>TOLERATES</b> help when given. Disinclined to ask for help. Doesn't like to be seen to need help.	<b>ACCEPTS HELP</b> and support when offered. May not continue to seek help, if difficulties are persistent.	Expects feedback and recognizes it as <b>DESIRABLE</b> to help them grow.	<b>SEEKS OUT</b> help and support from specialized sources.





Dr Michael Carr-Gregg

Child & Adolescent Psychologist,  
Broadcaster, Patron of Read the Play,  
Accredited Mental Health First Aid Trainer

Podcast video on STV (School TV)

**This month's topic:** School Refusal

"School refusal is a complex issue as there's rarely a single cause. It may be linked to separation anxiety, worries about leaving home, a phobia, depression, social problems or learning difficulties. It can start gradually or happen suddenly."

Dr Michael Carr-Gregg



**Brooke Peden**

School Psychologist (Provisionally  
Registered),  
School Psychology Service

Department of Education  
Wheatbelt Education Region

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t: 0407 117 844

# Fruit & Vege Packs

Available for Pre-Order from Miling Travel Stop

Order by Wednesday morning, for a Friday delivery.

Price varies between \$55 & \$65 - for value of \$70 to \$80



# Miling Community News

## MILING COMMUNITY CHURCH



Services Held:-

2nd Sunday @ 9.30am & 4th Sunday @ 8am

Followed By Morning Tea!



## Footy Tipping



Well, has anyone kept up with the footy tipping? It just seems to roll on!

### WINNERS

\* R12 Susan \* R13 Charlotte, with nine winners!

*The little girl up at the school who doesn't follow footy is showing us how it's done!!!*

### Leading so far ...

\* Charlotte 80 \* Colin 77 \* Vikki J / Annaleis / Moni 73 \* Alison / Aiden 72

A very closely contested season. With only a few rounds to go, hopefully no-one cracks under the pressure.

3<sup>rd</sup> place is very close with Moni coming into some good form.

Happy tipping.

# PERTH SCORCHERS PLAYCRICKET carnivals



## WACA Carnival Day

DATE : Sunday | 30<sup>th</sup> August 2020 | 1PM – 4PM | @ the WACA Ground

COST : FREE !!

To register & find out more go to <https://www.perthscorchers.com.au/play>



# CBH GROUP

## PRE-HARVEST MEETINGS

The pre-harvest meetings are an opportunity to get involved with the planning for your local sites and hear about any important changes for the coming harvest. We encourage and welcome everyone to come along and provide their input.

**Find your local meetings here:**

DATE	TIME	LOCATION	SITES
21/09/2020	4PM	PIAWANING HALL	PIAWANING
22/09/2020	2PM	MOORA REC CENTRE	MOORA / REGANS FORD
23/09/2020	9AM	WATHEROO STATION TAVERN	WATHEROO
23/09/2020	2PM	KONNONGORRING HALL	KONNONGORRING / WONGAN HILLS
24/09/2020	10AM	BALLIDU TAVERN	BALLIDU / KONDUT
24/09/2020	2:30PM	DALWALLINU SPORTS CLUB	MCLEVIE / WUBIN / PITHARA
24/09/2020	4PM	MILING HOTEL	MILING



**For more information:**

Contact your local  
CBH office:

**Ph | 9691 1600**

Monday to Friday  
8am to 5pm

[www.cbh.com.au](http://www.cbh.com.au)



# TERM PLANNER - TERM 3 - 2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE	JUL 20  Students return	21	22  Early Close 2.30pm	23	24
TWO	27	28	29 Newsletter AFL Clinic Early Close 2.30pm	30	31 Cross Country ENEABBA
THREE	AUG 3	4	5 AFL Clinic  Early Close 2.30pm	6	7
FOUR	10	11	12 Newsletter  Early Close 2.30pm	13  Board Meeting	14
FIVE	17	18	19  Early Close 2.30pm	20 Assembly - Jnr	21 SCHOOL DEVELOPMENT DAY
SIX	24	25 Spelling Bee, St Joseph's Moora	26 Newsletter  Early Close 2.30pm	27	28 FACTION CARNIVAL KALANNIE
SEVEN	31	SEP 1	2  Early Close 2.30pm	3 Pyjama Day 	4
EIGHT	7	8	9 Newsletter  Early Close 2.30pm	10	11 INTER SCHOOL ATHLETICS MOORA
NINE	14	15  Board Meeting	16  Early Close 2.30pm	17	18 MOORA SHOW WEEKEND
TEN	21	22  Assembly - Snr	23 Newsletter  Early Close 2.30pm	24	25