



Miling Primary School

'Together we learn and achieve'

AN INDEPENDENT PUBLIC SCHOOL

20 May, 2020

About Us

Message From The Principal

This newsletter is a combination of School & Community news and as a result some content may not reflect Miling Primary School's attitudes or values.



MORAL PURPOSE:

to provide the opportunity for our students to become well informed, actively involved, positive citizens through: developing life long learners and maximizing the potential of every student.



Dear Parents, Carers and Community

Term 2 –Week 4

I would like to thank all our parents who have assisted their children in engaging in learning and ensured they were participating in a positive and productive manner both inside and outside the classrooms.

I have sent a current update to all parents at the start of Week 4 with up to date information as we know it. As stated in my previous updates, I have highlighted new information in purple; the release from the department of education is current as of Week 3.

Whilst the number of COVID-19 cases is very low in Western Australia, we need to continue to implement and adhere to the regulations the Government has put in place:

CLEANING

We will maintain our current levels of cleaning for the immediate future and provide the best possible clean environment for our students and staff. Our cleaning regime of high contact surfaces (such as light switches, doors, drink taps, handrails) and toilet blocks throughout the day including before and after recess and lunch breaks, playgrounds and sports equipment continues daily.

PHYSICAL PLAY

Still needs to be non-contact and students have been reminded about this guideline. Sports equipment is cleaned after recess and lunch each day.

PARENTS ON SITE

Parents are not permitted on site until further

notice. Our students have adapted well to the use of the Drop Off Zone coming into and out of school with great confidence and independence.

EXCURSIONS

These are all postponed until further notice.

SIMULTANEOUS READING DAY

Today we held our 'Simultaneous Reading Day'. The students will participate in this activity next Wednesday.

STUDENT DEVELOPMENT DAY

Will take place on **Friday 29th May**, no students will attend on this day. We have many aspects of the schools planning and development that have been overtaken with the focus on COVID-19. During this day we will be revising our plans, reviewing targets set for students, beginning the collaboration on the ESAT guidelines in preparation for our school review. This process requires a great deal of input and constant reflection to demonstrate to the panel just where our school is in the operational process and compliance requirements for an Independent Public School.

Regards

Ms Murray,

Principal



PRIDE - EFFORT - PROGRESS

Respect

Cooperation

Kindness

Perseverance

Classroom Learning Focus

Senior Room



Recently in Art, the Senior Room students have been experimenting with paint, colour and printing with arbitrary tools to produce some fantastic pieces of work.

Junior Room

In the Junior Room we have been looking at sequencing stories. We listened to *The Very Hungry Caterpillar* and drew important events in order.



Ms Murray

National Volunteers Week

'Our students are acknowledging the role of volunteers in our community.

How lucky are we to have so many people in our community ."



Fluoro For Neuro



TUESDAY 9TH of JUNE

COME DRESSED IN FLUORO



Gold coin donation

All the money fundraised will be donated
to MSWA

TIME IN NATURE HAS NOT BEEN CANCELLED

25 THINGS TO DO IN SOCIAL ISOLATION

Nature Play
WA

- 1 Camp out overnight in your own backyard! Pitch a tent or sleep under the stars.
- 2 Start a nature journal - sketch or paint leaves, fungi, flowers or other nature finds.
- 3 Collect leaves and make a nature crown or necklace. Pointy leaves are perfect!
- 4 Try star gazing - what's the first star you see in the night sky? How many can you count?
- 5 Make a "campsite" in your backyard with a cubby (try and make it waterproof) and pretend campfire.
- 6 Get on your bikes or scooters and head out for a family ride, around your neighbourhood.
- 7 Plant out the veggie patch with seasonal vegetables.
- 8 Go on a photo safari. Choose a subject (or colour scheme) and see what you can "capture".
- 9 Go geocaching around your neighbourhood! If you've never tried a digital treasure hunt before, visit the "[Things To Do - Geocaching](#)" section of our website.
- 10 We're going on a bear hunt! Place a teddy in your front window so passersby can see them. How many can you see in your neighbourhood?
- 11 Get artistic with sidewalk chalk. Draw a hopscotch or rainbow on the footpath outside your house!
- 12 Use a notebook to press nature treasures. Collect leaves or flowers, and write notes to remind you of when and where you found them.
- 13 Discover more fun ways to play outdoors. Download the [Nature Play WA app](#) to get started.
- 14 Break out the card & board games. Snakes & Ladders, Monopoly, UNO and Pictionary: let's play!
- 15 Learn a new skill. Who in your family can teach you how to knit, sew, bake, garden or build?
- 16 Go on a bug hunt! What creepy crawlies can you find in your very own back yard?
- 17 Create a "boho" picnic experience in your backyard - use couch cushions and floor rugs, with bedsheets hung off your swing set as a canopy.
- 18 Learn how to service your scooter or bike. Check for damage, punctures & give it a good clean.
- 19 Create a living tepee. Fasten together sticks or bamboo & plant a climber (peas or beans).
- 20 Cook on backyard fire pit. Snags in a frypan or toast on a toasting fork. And who can forget the toasted marshmallows? (Check for fire bans first!)
- 21 Go on a family bushwalk. Check the "Things To Do - Hiking" section on our website for trails. Be sure to check for any park closures before you go.
- 22 Write a letter. Find out your friends' addresses, write to them, or send a picture you've drawn.
- 23 Try cloud watching. Can you see animals or shapes? Tell a story about them as they float across the sky.
- 24 Cook together. Make jam or preserves using seasonal fruit. Design your own label for your jam.
- 25 Try mindfulness. Choose a spot outside to spend 5-10 minutes each day. What sights & sounds do you experience? Do the change from day to day?

Passion is lifted from the earth itself by the muddy hands of the young; it travels along grass-stained sleeves to the heart. If we are going to save environmentalism and the environment, we must also save an endangered indicator species: the child in nature.

— Richard Louv —

The best remedy for those who are afraid, lonely or unhappy is to go outside

— Anne Frank —

*All my life
through, the
new sights of
Nature made
me rejoice
like a child.*



Marie Curie

There is something infinitely healing in the repeated refrains of nature.

— Rachel Carson —

A child's world is fresh and new and beautiful, full of wonder and excitement. It is our misfortune that for most of us that clear-eyed vision, that true instinct for what is beautiful, is dimmed and even lost before we reach adulthood.

— Rachel Carson —

NATUREPLAYWA.ORG.AU

supported
by



Department of
Local Government, Sport
and Cultural Industries

Health and Well Being

Protect yourself, your family and your community

COVER your cough and sneeze

- 1** COVER mouth and nose with a tissue when you cough or sneeze.
- 2** Put any used tissues in the BIN.
- 3** No tissue? Cough or sneeze into your upper sleeve or elbow, **NOT YOUR HANDS.**
- 4** Wash hands with soap and running water. Dry hands thoroughly with paper towel.



hans.org.au

Parenting Connection
Supporting WA parents

WINK-KIDS
www.winkkids.com.au

WinkingKids in partnership with Parenting Connection, presents:

Balancing Act: parenting and home schooling

Having a routine similar to (but not exactly like) a school routine may help children adjust to home schooling. In addition being open to the fact that everyday household activities (e.g. cooking), are learning opportunities for food technology, science, mathematics and chemistry as heat changes the properties of food. These are just some of the practical tips covered in the workshop. Families who are able to keep communications open and flowing between various family members are families that do well. We discuss the importance of choosing the words you use and discuss practical strategies to use to negotiate family rules that are negotiable (and those that are not negotiable) that suit your family - this includes bedtimes, the use of social media and electronic games and school work commitments.

THIS IS A FREE INTERACTIVE ON-LINE WORKSHOP

DATE: Wednesday 10 June 2020
TIME: 7:00 PM to 8:00 PM
VENUE: The comfort of your own home
RSVP: By email to Jen.J.Pages@wanslea.asn.au
By Friday 29th May 2020.

Supported by
Government of Western Australia
Department of Communities

Wanslea
with funding by Western Australia



Brooke Peden
School Psychologist (Provisionally Registered)
School Psychology Service

Department of Education, Wheatbelt Education Region
w: education.wa.edu.au e: brooke.peden@education.wa.edu.au t: 0407 117 844

WinkingKids in partnership with Parenting Connection presents:

How best to support children with Autism and special needs

Covid 19 and the subsequent disruption to daily life and routines has resulted in additional and unique challenges for families with children with autism and special needs. This workshop will focus on practical strategies parents can use to meet these challenges. In addition the workshop will feature a question and answer session (based on parents questions) between WinkingKids and Autism WA.

THIS IS AN INTERACTIVE ON-LINE WORKSHOP

DATE: Wednesday 24 June 2020
TIME: 7:00 PM to 8:00 PM
VENUE: The comfort of your own home
RSVP: By email to Jeni.JPages@wanslea.asn.au
By Friday 19th June 2020.

Supported by



Government of Western Australia
Department of Communities

WinkingKids in partnership with Parenting Connection presents:

What the latest research says about the link between food and mental health

This workshop highlights the research that emphasises the relationship between dietary habits and chronic non-communicable diseases (NCDs). The 2016 Global Burden of Disease Report states that 71% of global deaths were attributable to NCDs, (40.5 million), with cardiovascular diseases the leading cause. This report also states that diets that are low in fruit and vegetables or high in sugar, processed foods or sodium were estimated to directly account for 37% of all deaths globally. This workshop will be focusing on the relationship between diet and the mental health disorders of anxiety and depression.

THIS IS AN INTERACTIVE ON-LINE WORKSHOP

DATE: Wednesday 17 June 2020
TIME: 7:00 PM to 8:00 PM
VENUE: The comfort of your own home
RSVP: By email to Jeni.JPages@wanslea.asn.au
By Friday 5th June 2020.

Supported by



Government of Western Australia
Department of Communities


Miling Community News



MILING CATHOLIC CHURCH

Sunday 07 June @ 11.00am

ALL WELCOME !

 Government of Western Australia
Veh Country Health Service

2020 Childhood Influenza Vaccination


FREE Childhood Influenza vaccinations are available.

Eligibility:

- For children aged 6 months to 4 Years Old
- For Primary school aged children (pre-primary to year 6)

For more information about the FREE influenza vaccine please contact your local GP or your local Community Health Nurse on **0417580281**

CONTACT:
Moora Primary Health Service
Phone: 96510270



To provide feedback on this publication email healthcommunication@health.wa.gov.au. Alternative formats can be provided on request. © WA Country Health Service.

COMMUNITY • COMPASSION • QUALITY • INTEGRITY • EQUITY • CURIOSITY

QUOTES TO PONDER ...

- ♦ "I like storms. They let me know that even the sky screams sometimes."
- ♦ "Everybody wants happiness nobody wants pain but you can't have a rainbow without a little rain."
- ♦ "The person who dances with you in the rain will most likely walk with you in the storm."
- ♦ "Rain, rain, don't go away. Stay and play another day!"
- ♦ "When life gives you a rainy day, play in the puddles."
- ♦ "When people try to rain on your parade, poke them in the eye with your umbrella."

TERM PLANNER – TERM 2 - 2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE	April 27 ANZAC DAY HOLIDAY	28 PUPIL FREE DAY	29 Early Close 2.30pm	30	May 1
TWO	4	5	6 Newsletter Early Close 2.30pm	7	8
THREE	11	12	13 Early Close 2.30pm	14	15
FOUR	18	19	20 Newsletter Early Close 2.30pm	21	22
FIVE	25	26	27 Early Close 2.30pm	28	29 SCHOOL DEVELOPMENT DAY
SIX	June 1 WA DAY HOLIDAY	2	3 Newsletter Early Close 2.30pm	4	5
SEVEN	8	9 Fluoro For Neuro	10	11	12
EIGHT	15	16	17 Newsletter Early Close 2.30pm	18	19
NINE	22	23	24 Early Close 2.30pm	25	26
TEN	29	30 Bandana Days 30/6 to 3/7	1 Newsletter Early Close 2.30pm	2	3