



Miling Primary School

'Together we learn and achieve'

AN INDEPENDENT PUBLIC SCHOOL

06 May, 2020

About Us

Message From The Principal

This newsletter is a combination of School & Community news and as a result some content may not reflect Miling Primary School's attitudes or values.



MORAL PURPOSE:

to provide the opportunity for our students to become well informed, actively involved, positive citizens through: developing life long learners and maximizing the potential of every student.



Dear Parents, Carers and Community

Term 2 –Week 2

We have had a very interesting start to 2020!

Firstly, I would like to congratulate the students on their efforts and attitude during these challenging times. On their return to school they have engaged, listened, adhered to a variety of different processes all with a smile on their faces. 'How fabulous is that?'

We continue to keep you best informed from the updates we receive from the Department of Education. I have shared with the parent body a Term 2 Plan for Miling Primary School. Please read the information and contact me regarding any clarification. This plan will be updated and resent periodically to share information that is relevant to your child/ren's education and wellbeing.

Thank you to the parents for your 'learning at home' efforts. I am sure that the activities and experience has provided some great conversation opportunities for everyone.

I would also like to extend my thanks and gratitude to our staff who have been flexible, professional and positive throughout this situation. Everyone feels uneasy in this uncertain time, however, our staff have remained supportive of our students' wellbeing and prepared for the long term, whilst supporting each other. Their collegiality and collaboration with each other to develop and prepare 'learning from home' packages were completed in an efficient and professional manner at the end of Term 1. They continue to deliver a high quality education to our students and

support the students and families to the best of their abilities.

Many of you have dropped your child/ren at school and have been part of the new processes that are required to keep our staff and students safe. The drop off zone is marked with three red signs so please park facing the main road and support your child/ren exiting the car and direct them to the gate at the bottom end of the school. I will be around there most mornings to meet and greet the students.

We have been fortunate to have footpaths provided along the boundary of the school for the students to enter and exit the school safely. Can you please park on the roadside as I would like to maintain the paths in good condition for the future?

All external and internal activities have been cancelled or postponed until further notice. But I would like to acknowledge our Mothers in the community for the terrific job you do as a parent, carer and educator in life and the list goes on!



Regards

*Ms Murray,
Principal*

PRIDE - EFFORT - PROGRESS

Respect

Cooperation

Kindness

Perseverance

Assembly Merit Certificate Recipients



Miller - This term, Miller has demonstrated outstanding effort and independence towards his school work. He has worked especially hard focusing on writing and has shown more pride in his work as a result. Keep up the fantastic work, Miller!

Xavier - Xavier has worked extremely hard this term, in HASS, to demonstrate his knowledge of Past, Present and Future. He has thought carefully about our local history, how things were in the past and how they were used. Keep up the great work, Xavier!

Amelia - Amelia has worked hard this term to improve both the fluency and expression of her oral reading. She produced a thoughtful prediction about the text 'Superworm' which displayed great understanding of the structures needed in narrative writing. Well done, Amelia!

Jett - Jett has displayed great effort in Mathematics this term, especially in the Number strand. He can accurately add four digit by four digit numbers and is working hard to improve both the speed and accuracy in his recall of multiplication facts. Keep up the great work, Jett!

Summer - Your outstanding effort to research and demonstrate alternative sources of energy in Technology activities. The descriptions provided were clear and simply written to support an understanding of the purpose.

Mikala - Aussie Of The Month ... Mikala is a friendly and cheerful member of the Senior Room. She consistently displays the school values of kindness, respect, perseverance and cooperation towards her fellow peers and staff members. Mikala has displayed great leadership skills recently, at school, by always assisting the younger students, in both rooms, when help is needed. Keep up the great work, Mikala!



Congratulations also to our Term 1 Homework Certificate recipients

Back, L-R Libby, Dale, Eliza, Miller, Ashley, Kiara, Mikala

Front, L-R Tyler, Zoe, Caitlyn, Madison

Absent - Keira, Heidi, Chloe, Summer, Riley



Classroom Learning Focus

Senior Room

Our Year 6 students have been looking extra special this week as they now have their Leavers Shirts and Leavers Jumpers to wear to school.
Thanks to the P & C for their help in making this happen.



Junior Room



Happy Mother's Day from the Junior Room!
We had so much fun painting our gorgeous Mum's.
Wishing you all a lovely weekend with your families.

Ms Murray

Growth Mindset

'Both the Junior and Senior Room students are developing a variety of 'Growth Mindset' skills to support setting goals and working towards the achievement of those goal'.



Health and Well Being

Growth Mindset

Dear Parents,

I am committed to developing a growth mindset learning environment-a place where all students believe that with effort and perseverance, they can succeed. This year your child will have the opportunity to learn more about mindset through a series of health lessons in the classroom. Dr. Carol Dweck, a researcher at Stanford university, has identified two beliefs systems about intelligence.

A **fixed mindset** is one where we believe that our children's innate abilities, talents, and intelligence are fixed. They are either good or talented at something or they are not. They can certainly learn new things, but this particular skill or subject is not really their "thing." A **growth mindset** is the belief that intelligence, skills, and talent are malleable, and they can change with effort, perseverance, and practice. Neuroscience explains this as neuroplasticity. We can all get "smarter."

Each week students will be asked to take educational risks. They will be praised not for their mental quickness or natural intelligence but for approaching the process of learning with **grit** and **determination**. I know that to make the greatest impact children need to hear consistent messages at home. Here are some things you can do to extend and promote growth mindset in your home:

- Encourage your child to take risks and tackle new challenges at school.
- Praise your child not for the ease with which he or she learns a concept but for the amount of effort put into learning it.
- Emphasize perseverance and effort in extracurricular activities. For example, "I'm proud of how much effort you put into that basketball game" instead of "I'm proud of how many points you scored in that basketball game."

I hope you will commit to joining me in this growth mindset journey!

Sincerely,
Ms Murray



Brooke Peden
School Psychologist (Provisionally Registered)
School Psychology Service

Department of Education, Wheatbelt Education Region
w: education.wa.edu.au e: brooke.peden@education.wa.edu.au t: 0407 117 844

SOCIAL DISTANCING

or 'physical distancing' means reducing close contact with other people to slow the spread of the coronavirus.

When you stay at home and avoid contact with other people as much as possible you can prevent other people from becoming sick, and help make sure our hospitals have room and supplies for patients who need care.

STOP!



Stop meeting in groups

- House parties
- Outdoor parties
- Beach crowds
- Mingling with friends
- Public gatherings
- Playdates
- Playgrounds
- Non-essential travel
- Malls
- Church Services
- Sleepovers
- Group Hangouts
- Celebrations
- Bars, Restaurants, Gyms

USE CAUTION / LIMIT



If you have no symptoms and need to go out, stay at least 2 meters (about 6.5 feet) apart from other people - about the width of a car. Wash your hands after.

- Grocery shopping
- Picking up medications
- Walking in a public area
- Transportation to a job
- Take out food / food delivery

Drop off essential supplies for friends or relatives at the door (wash your hands before handling)

SAFE TO DO



Stay at home. Do these things with your household members or alone.

- Play in your yard
- Yard work, gardening
- Meet with friends online
- Work from home
- Take classes online
- Cook
- Read, TV, movies, music

Keep space between you. Wash your hands frequently. Wipe down packages and surfaces. Clean your space, wash your clothes.

Protect yourself, your family and your community

COVER your cough and sneeze

1 COVER mouth and nose with a tissue when you cough or sneeze.



2 Put any used tissues in the BIN.



3 No tissue? Cough or sneeze into your upper sleeve or elbow, **NOT YOUR HANDS.**



4 Wash hands with soap and running water. Dry hands thoroughly with paper towel.



BETTER HEALTH PROGRAM



Be fitter, healthier and happier!

The Better Health Program is a free, online, healthy lifestyle program for 7-13 year olds who are above a healthy weight and their families.



Government of Western Australia
WA Country Health Service



Is your child...

- » Aged 7-13 years old?
- » Above a healthy weight?
- » In need of support to improve eating and activity habits?

The Better Health Program is a FREE, 10-week, online program for children and families. There are weekly online sessions, free resources (+fitness tracker!) and weekly coaching calls with a trained and qualified health coach to help keep you on track.

Get involved and start collecting your weekly tokens and prizes!

To register or find out more:

1300 822 953

betterhealthprogram.org

Better Health Company



[@betterhealthcompany](https://www.instagram.com/betterhealthcompany)

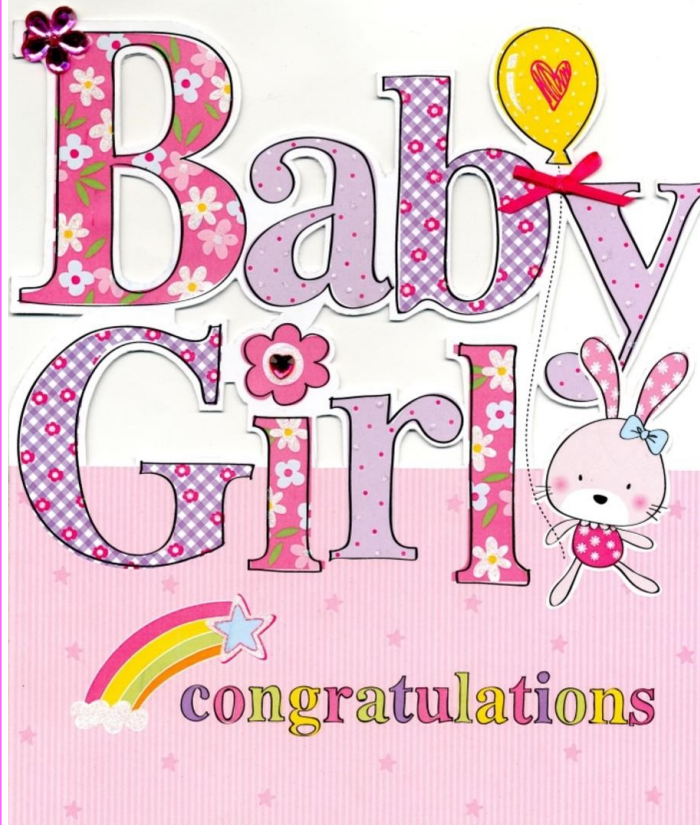


Government of Western Australia
WA Country Health Service



Miling Community News

Our congratulations and a big welcome to ...



Abbie Rose

Arrived safely 27 March 2020,
beautiful daughter to
Darren & Tahlia Cubitt,
baby sister to Mackenzie.

Sophie Jay

Arrived safely 12 April 2020,
beautiful daughter to
Rob & Rhianne Elliott,
baby sister to Olivia.



Our condolences to Maurgen Georgy and Gail Groves
and families on the passing of their loved Dad.













Recycling at



Moora
Community Resource Centre
your local connection

 <p>BREAD TAGS <i>for wheelchairs</i></p>	<p>Bread tags will be sent to Bread Tags Australia where they are recycled into wheelchairs.</p>
 	<p>Old/odd socks will be sent to Manrags where they make them into new socks. (Washed and Cleaned)</p>
 	<p>We are collecting Oral care items for Terracycle.</p> <ul style="list-style-type: none"> • Toothbrushes • Floss containers • Tooth paste tubes and caps • Tooth brush heads.
 	<p>Drop your old ball point pens and texta's to recycle through Terracycle.</p> <ul style="list-style-type: none"> • Pens • Highlighters • Markers • Correction fluid containers. <p>No Pencils or crayons.</p>
 	<p>Can ring tops are being used to make wheelchairs through Wheelchairs for kids and the Scarborough Rotary club.</p>

Please bring all clean items for recycling to the Moora CRC

65 Padbury St or Call us on 9653 1053.

TERM PLANNER – TERM 2 - 2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE	April 27 ANZAC DAY HOLIDAY	28 SCHOOL DEVELOPMENT DAY	29 Early Close 2.30pm	30	May 1
TWO	4	5	6 Newsletter Early Close 2.30pm	7	8
THREE	11	12	13 Early Close 2.30pm	14	15
FOUR	18	19	20 Newsletter Early Close 2.30pm	21	22
FIVE	25	26	27 Early Close 2.30pm	28	29
SIX	June 1 WA DAY HOLIDAY	2	3 Newsletter Early Close 2.30pm	4	5
SEVEN	8	9	10 Early Close 2.30pm	11	12
EIGHT	15	16	17 Newsletter Early Close 2.30pm	18	19
NINE	22	23	24 Early Close 2.30pm	25	26
TEN	29	30	1 Newsletter Early Close 2.30pm	2	3



Our apologies for the lack of information on our Term Planner. However, at this stage we just don't know which events will, or won't, be taking place.